



51st & Kedzie

4938 S Kedzie Ave
 IL, 60632
 773-434-8900

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	07:30am-08:30am Small Group PT	07:30am-08:30am Small Group PT				
08:30am-09:30am Small Group PT	08:30am-09:30am TEAM Functional Training	08:30am-09:30am TEAM Functional Training	10:00am-11:00am TEAM Functional Training	09:30am-10:30am TEAM Functional Training	08:30am-09:30am TEAM Functional Training	
09:30am-10:30am TEAM Functional Training	09:30am-10:30am TEAM Functional Training	09:30am-10:30am TEAM Functional Training			09:30am-10:30am Small Group PT	
10:30am-11:30am TEAM Functional Training	10:30am-11:30am Small Group PT	10:30am-11:30am Small Group PT				
	05:30pm-06:30pm TEAM Functional Training	05:30pm-06:30pm Small Group PT	06:00pm-07:00pm TEAM Functional Training			
06:00pm-07:00pm TEAM Functional Training	06:30pm-07:30pm Small Group PT	06:30pm-07:30pm TEAM Functional Training				
07:00pm-08:00pm Small Group PT	07:30pm-08:30pm TEAM Functional Training	06:30pm-07:30pm Small Group PT				

Club Hours:

- Mon-Thurs: 6am-9:00pm
- Friday: 6am-8:00pm
- Saturday & Sunday: 8:00am-2:00pm

Playroom Hours:

- Mon-Thurs: 8am-1pm & 4pm-8:45pm
- Friday: 8am-1pm & 4pm-7:30pm
- Saturday: 8:30am-12:00pm
- Sunday: No Play Room Services

Please call 1-3 hours in advance for playroom appointment, thank you.

*Instructors & Classes subject to change Questions / Comments:
 kedzie@w3body.com