



51st & Kedzie

4938 S Kedzie Ave
 IL, 60632
 773-434-8900

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06:15am-07:00am Body Fit		06:15am-07:00am Cardio Flex		06:15am-07:00am Body Fit		08:30am-09:15am Step L1
08:15am-09:00am All Abs!	08:15am-09:00am Power Yoga	08:15am-09:00am Hard Body	08:15am-09:00am Power Yoga	08:15am-09:00am Cardio Flex	08:15am-09:00am Zumba	09:15am-10:15am Body Fit
09:15am-10:15am Zumba	09:15am-10:15am Turbo Kick	09:15am-10:15am Step with Abs	09:15am-10:15am Zumba	09:15am-10:15am Step Jam	09:00am-10:00am Hard Body	
10:20am-11:20am Body Fit	10:20am-11:20am Strong by Zumba	10:20am-11:20am Body Fit	10:20am-11:20am Hard Body	10:20am-11:20am Cardio Flex	10:00am-11:00am Turbo Kick	
05:00pm-06:00pm Strong by Zumba	05:30pm-06:30pm Zumba	06:00pm-06:45pm Turbo Kick	05:30pm-06:30pm Zumba			
06:00pm-07:00pm Body Fit	06:30pm-07:15pm Hard Body	06:45pm-07:30pm Body Fit	06:30pm-07:30pm Body Fit	05:30pm-06:30pm Body Fit		
07:00pm-08:00pm Zumba	07:15pm-08:00pm WERQ	07:30pm-08:30pm Zumba		06:30pm-07:30pm Zumba		

Club Hours:

- Mon-Thurs: 6am-9:00pm
- Friday: 6am-8:00pm
- Saturday & Sunday: 8:00am-2:00pm

Playroom Hours:

- Mon-Thurs: 8am-1pm & 4pm-8:45pm
- Friday: 8am-1pm & 4pm-7:30pm
- Saturday: 8:30am-12:00pm
- Sunday: No Play Room Services

Please call 1-3 hours in advance for playroom appointment, thank you.

*Instructors & Classes subject to change Questions / Comments:
 kedzie@w3body.com